

How to Complete your Health Clearance Form with your Private Physician

For all countries except Botswana, Ghana, India, Senegal, South Africa, and Tanzania

You will need your immunization records from you parents, doctor, or high school. You must be up-to-date on tetanus, MMR, and polio. Bring all documentation with you to your appointment.

Note: Physician/Health Provider/ specialist must be licensed in the U.S. and cannot be an immediate family member (AMA Code of Ethics e-8,19).

- 1. Obtain the the Confidential Health History Form and the Health Clearance for Students Planning to Study Abroad Form from the Programs Abroad Office.**
- 2. Fill out the Confidential Health History Form completely before seeing the doctor.** To do so, you will need the following information:
 - Immunization records containing exact dates
 - Dates of any serious illnesses or surgeries
- 3. The Health Clearance Form includes instructions to the physician for completing the health clearance.** Fill in the top portion of the second page of this form before seeing the doctor with your name, home campus, country and program information.
- 4. Make an appointment with your own doctor, and any specialist you may be seeing for a serious, ongoing condition, and take both forms with you.** Give the forms to the doctor and ask him or her to follow the instructions on the Health Clearance Form carefully. Be sure to sign the authorization for release of medical information on the Health Clearance Form upon completion of the consultation.
- 5. Mail the white and pink copies of the signed Health Clearance Form to the address below. Your health practitioner will keep the yellow copy for his/her records.** UCEAP must receive the two copies of this form at least two months before departure in order for you to participate in the program, except UCEAP Chile Students. It is your responsibility to monitor the completion and submission of the Health Clearance Form to UCEAP by the designated deadline.

University of California
Education Abroad Program
6950 Hollister Avenue, Suite 200
Goleta, CA 93117
- 6. Leave a copy of the Confidential Health History Form with your doctor, so that he or she will have it on file in case of emergency.** Keep a copy for yourself and be sure to take it with you when you go abroad. You will have the only copy of this form at the program site should you need medical attention. DO NOT send this to UCEAP.

*** UCEAP Chile Students***

MUST complete their Health Clearance form no more than 30 days from the time you apply for your visa. Keep the original white page of the Health Clearance form for the student visa application.

Students with Disabilities: If you have any physical impairment, learning disability or other condition, for which you will be seeking accommodation abroad, you may have your campus Disabled Students Office send a memo to the University of California Education Abroad Program indicating the condition and your needs. Universities abroad will require this memo before special arrangements — i.e. granting extra time for tests, arranging for special facilities or assistance — can be considered.